



PLAN AND PREPARED

Stay Safe Out There!

PlanAndPrepared.com



R.E.D.O.U.T.

KNOWING WHEN IT'S TIME TO BUG OUT

Use these six factors to help you decide whether staying where you are or leaving is the safer option.



— RESOURCES

Do you still have the resources necessary to safely remain where you are?



- Are your water and food supplies running low?
- Do you have fuel, power, and other essentials to get by?
- How long can you realistically sustain your current situation?



— OVERWHELMING FORCE

Are you facing a threat that is beyond what you can reasonably withstand or defend against?



- Is the threat violent, well-armed, or highly organized?
- Are you at a severe disadvantage in people, weapons, or resources?
- Could remaining put you or your family at unacceptable risk?



— ENVIRONMENT

Are conditions around you becoming more dangerous or less survivable?



- Is there severe weather, fire, flooding, chemical releases, or other hazards?
- Is the infrastructure failing (power, water, communications)?
- Is the area you're in becoming more unstable or chaotic?



— UNPREPARED

Has something happened that you're simply not equipped to handle?



- Medical emergency for you or a family member?
- Critical equipment failure you can't repair or replace?
- Unexpected events that exceed your skills, training, or supplies?



— DESTINATION

Do you have a safer place you can realistically reach?



- Is your destination known, reachable, and safer than where you are now?
- Do you have a plan and route that avoids high-risk areas?
- Will you have the resources you need to get there and stay there?



— TIMETABLE

Are you reaching the point where waiting could make leaving more difficult or dangerous?



- Every hour you wait can reduce your options.
- Traffic, fuel, supplies, and safe locations can disappear quickly.
- Conditions can change faster than you expect.



BOTTOM LINE: Bugging out isn't automatically safer than staying. Staying isn't automatically safer than leaving.

The goal is to recognize when one has become safer than the other.